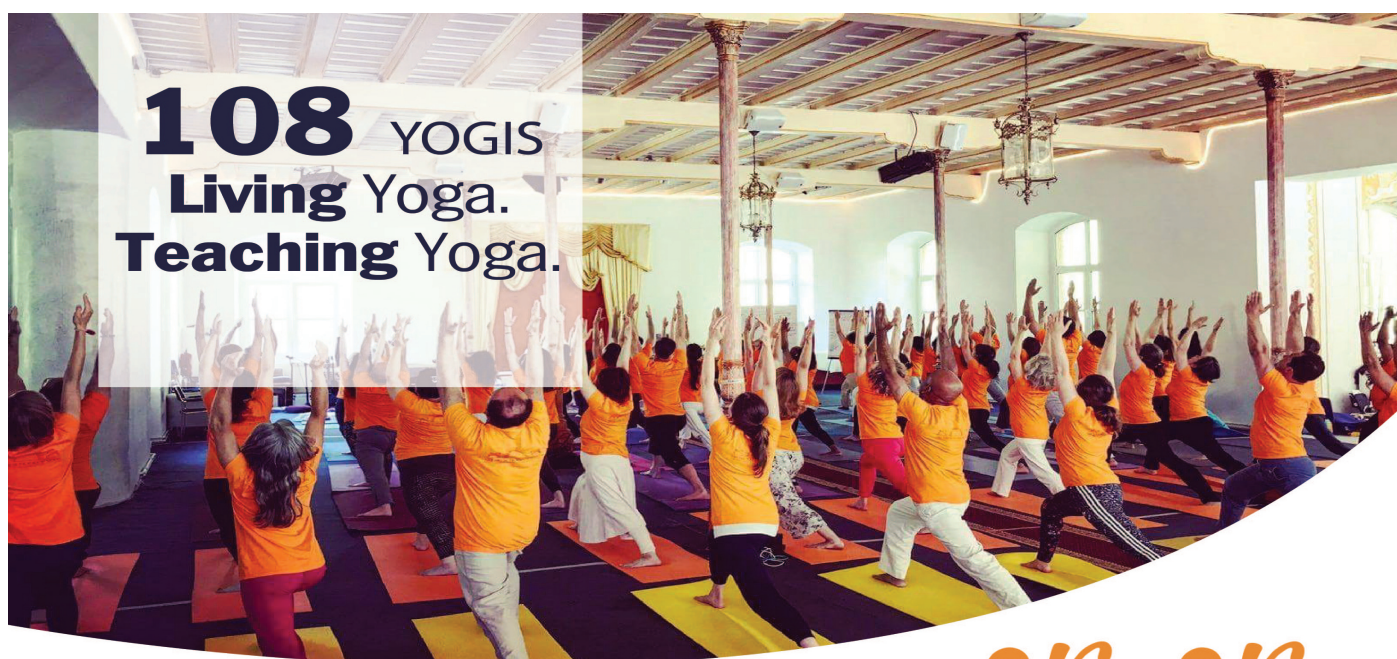


GERMANY 2019 TEACHER
TRAINING
CDI CDI YOGA

The Sri Sri School of
Yoga Teacher
Training is guided by
the teachings of the

**A complete
and
profound
practice
that draws
on the
tradition of
Vedic
Knowledge.**

Yoga Shiromani Sri Sri Ravi Shankar and includes the various paths of Yoga: Gyana (the path of knowledge), Bhakti (the path of devotion and sincerity), Hatha (the path of determination) and Raj yoga (the real path, without effort). During the program - through holistic training that includes the various philosophical, practical and spiritual aspects of the science of yoga - you will learn to cultivate your whole being through effective practice of pranayama, asana, advanced yogic techniques that go beyond the body, deepen and make your personal experience of yoga alive, allowing a deep connection from which the natural and authentic teaching that distinguishes Sri Sri Yoga comes to life.



108 YOGIS TEACHER TRAINING 2019 • 200H RYT

8-29 JUNE 2019 • BAD ANTOST, GERMANY

AN INVITATION-BASED YOGA TRAINING TO BE TRAINED AS YOGI AS WELL
AS YOGA TEACHER AND BUILD UP YOUR OWN YOGA BUSINESS.

- 3 WEEKS RESIDENTIAL • 200H RYT YOGA ALLIANCE RECOGNISED CERTIFICATE
- INTERNATIONAL TRAINERS AND YOGA COMMUNITY • YOGA BUSINESS FREE WORKSHOP
AND COACHING AFTER GRADUATION • BEST YOGIS WILL BE SELECTED TO ATTEND
1 WEEK ADVANCED TRAINING PROJECT 2020 IN INDIA.

APPLY FOR ADMISSION by end of March. Selection during 2 first weeks of April.

ONLINE INTRODUCTORY WEBINAR & FREE EXPERIENCE - CALENDAR 2019
WRITE TO: EUROPE@SRISRISCHOOLOFYOGA.ORG

Sri Sri
SCHOOL OF YOGA
AUTHENTIC YOGA IN ITS PURE FORM

www.srisrischoolofyoga.org/eu

Contact Sri Sri School of Yoga Europe

+49 800 0005829

europe@srisrischoolofyoga.org

FORMAT

200H FORMAT recognized 200 RYT YOGA ALLIANCE and aligned with syllabus from AYUSH, Government of India.

DATE

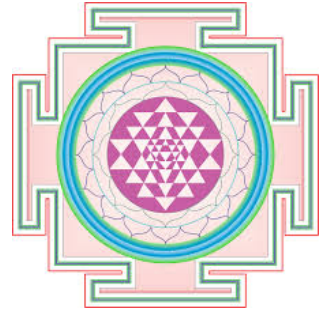
8-29 June 2019 - Germany
at the European Art of Living Centre in Bad Antogast, Black Forest.

LANGUAGE

in English. Translation booking is required in advance.
Additional fee of 75€ will be charged.

SUBJECTS & METHODOLOGY

1. Philosophy, Texts, Ethics and Lifestyle of Yoga
2. Asana sequence of Sri Sri Yoga
3. Asana Clinic for a deeper practice and learning of postures
3. Anatomy and Physiology applied to Yoga
4. Group practice
5. Practice and study in small groups
6. Basic study of Sanskrit
7. Pranayama - Principles & Practice
8. Meditation - Practice and Teaching Techniques
9. Ayurveda & Yogic Diet
10. Teaching Techniques
11. Interactive classes to develop Communication and Student / Teacher Relationship skills
12. Yoga business
13. Create and lead a good class of Yoga Nidra



ADMISSION AND REGISTRATION METHODS.

In 4 Steps

1. **SUBMITTING AN APPLICATION FORM** the online Google (you might have done that step already)
2. **ADMISSION INTERVIEW** with one of our Teachers.
3. **ACCEPTANCE EMAIL** with instructions for payment and preparatory study materials.
4. **PAYMENT OF THE ENTRY FEE** by bank transfer directly to SRI SRI SCHOOL OF YOGA Europe.

Eligibility

- A sincere interest in learning Yoga and eventually teaching it.
- At least 18 years of age.
- A certificate attesting to physical health and mental state that can support rigorous training.
- Regular yoga practice of at least 1 year.

NOTE ON THE PRACTICE OF THE SUDARSHAN KRIYA® YOGA

- I. The **Sudarshan Kriya® Yoga** is not required as a prerequisite, although it is part of the personal practice during the Training and fundamental support for teaching in Sri Sri Yoga.
- II. For those new to this technique, they will be trained during the Teacher Training itself.

SUBSCRIPTION FEE

The registration fee is differentiated and divided into 2 different installments.

- **200H RYT TRAINING – Entrance Fee**

Early Bird by end of February	990€
After 1 st of March	1190€

To be paid to SRI SRI SCHOOL OF YOGA at the moment of acceptance to confirm your place.

- **ACCOMMODATION, BOARD, MATERIALS, SERVICES**

To be paid by 8th of May 2019
to the European ART OF LIVING CENTRE Bad Antogast.

○ Single room with bath	1.449€
○ Double room with bath	1.344€
○ Single room with bath on the corridor	1.239€
○ Group room with Bathroom	1.239€
○ Group room with bath on the corridor	1.008€
○ Dormitory	882€

Registration and Payment

- To register please fill in the **APPLICATION FORM**. After selection and interview, you will receive an Acceptance email.
- **We require the payment of ENTRANCE FEE of 990€ in 7 days after your receiving the Acceptance Email** to secure your spot on the TTP.
- There are currently no payment plans available.
- Remaining balance of payments are due by the dates of a month before the starting date of the TTP.

Note: All fees including tuition and accommodation, once deposited, are non-refundable and non – transferable.

Bank Account Details for **ENTRANCE Fee** only

Sparkasse Ortenau/ Offenburg
Sri Sri School of Yoga Europe GmbH
IBAN: DE 27 664500500004940369
BIC: SOLADES1OFG

Bank Account Details for **Rest** of the Fee

will be provided in due course.

* Registration is confirmed upon receipt of payment and upon receipt of the Acceptance email

CONTACTS

SRI SRI SCHOOL OF YOGA EUROPE- ttpdeskeurope@srisrischoolofyoga.org – www.srisrischoolofyoga.org/eu
